



“The Silver Rule: Love others as they would like to be loved”

Workshop Description

Presenter - Constant Hine

We often express our love in the way we most want to have love expressed to us – the “golden rule.” To ensure another person feels loved or to fill another person's "love tank," we actually need to **express love in their love language not our own – the “silver rule.”** According to Gary Chapman, author of *The Five Love Languages*, most of us have a **primary love language**. The primary love language will often be a strong motivator for a person - it motivates behaviors, actions and ways of interacting. In this session learn the five love languages and how to identify your partner's or child's primary love language.

This workshop is helpful for parents to learn to understand how to acknowledge and express affection and love for their children effectively. Many times parents have a different love language than their child or partner and this workshop helps parents (and educators) learn how to express love in a variety of ways...to become multi-lingual in the love languages.