



Horizons In Learning, Inc

Workshop Description

Constant Hine

Response-Able Leadership: Shifting Reactive Responses to Proactive in Dealing with Difficult People

This session explores how the power of choice is profound in the foundation of leadership. We will identify and examine how choice comes from the awareness you cannot change other people and learn strategies to be able to control and have choice about your own thoughts, actions, responses. Participants will explore strategies to expand self awareness which gives each person the power to make informed and intentional choices in any interaction.

Learning Objectives:

- Participants will learn strategies for reframing their perspective and for managing their own responses when interacting with other people, especially people they find difficult or when the behaviors or actions of others are triggering or challenging.
- Participants will learn how to increase their ability to respectfully respond to (to become response –able) and resolve conflicts with others.
- Participants will learn and practice how to deepen and broaden inquiry skills that promote both self reflection and creative problem solving.
- We will explore ways to facilitate collaborative new possibilities and generate “Both-And” solutions.