



“The Silver Rule” of Appreciation

Workshop Description

Presenter - Constant Hine

In this session teachers will learn the five love languages and how to identify their own primary love language and how to identify this in the children. We will explore how the ‘Silver Rule’ of appreciating and giving to children, parents and colleagues the way THEY would like to receive can foster self esteem, motivate change, improve actions and deepen positive interactions.

According to Gary Chapman, author of *The Five Love Languages*, most of us have a **primary love language**. The primary love language will often be a strong motivator for a person - it motivates behaviors, actions and ways of interacting. Discovering how to appreciate others is a strong motivator especially for teachers to use with and to teach to children. Helping children explore the different ways of acting kind, of appreciating and helping to fill another persons “love bucket” promotes social emotional development and cooperation in the classroom.

We often express our love and appreciation in the way we most want to be appreciated – the “golden rule.” To ensure another person feels loved, cared for and appreciated we actually need to **express love and appreciation in their love language not our own – the “silver rule.”**

This workshop is helpful for teachers to learn to understand how to acknowledge and express affection for their children effectively. Many times teachers have a different love language than the children they work with and this workshop helps educators learn how to express love and appreciation in a variety of ways...to become multi-lingual in the love languages.